Couples Retreat Agenda and What's Included

💖 What You Can Expect:

- A relaxing **2-night stay** at our cozy bed and breakfast
- Delicious meals and snacks prepared with care
- Playful and meaningful couples' activities to spark connection
- Optional **cabana couples massage** (available for an additional fee)
- Thoughtfully guided vision board session
- Plenty of free time to **snuggle, explore, or simply unwind**

🗓️ Sample Retreat Schedule

Day 1 – Arrive & Unwind

- 3:00 PM – Check-in
- 5:30 PM – Welcome Dinner & Meet and Greet
- 7:00 PM – Couples Games (Laughter guaranteed!)

Day 2 – Connection & Reflection

- 8:00–9:00 AM – Breakfast
- 10:00 AM–2:00 PM – Free Time (Relax, explore, or book a massage)
- 2:30 PM – Couples-Themed Activity + Afternoon Snack
- 5:30 PM – Dinner
- 7:00 PM – Vision Board Creation – Rediscover your shared dreams

Day 3 – Farewell for Now

- 8:00–9:00 AM – Breakfast
- 10:00 AM – Farewell Gathering
- 11:00 AM – Checkout

🌿 Why Join This Retreat?

This retreat is not about fixing anything—it's about **celebrating your connection** and making time for what truly matters: each other.

Whether you're laughing over dinner, cuddling with coffee in hand, or dreaming together during a creative session, you'll leave feeling refreshed, recharged, and more connected than ever.